

Obregon Park Pool Program Schedule SUMMER 2010

4201 E. First Street, Los Angeles, CA. 90001 323-260-2377

SWIM LEVELS

- Baby and Me-Infant Pre-school Aquatics
 - * Runs for 30 Minutes
- Level 1-Water Exploration
- Level 2-Primary Exploration
- Level 3-Stroke Readiness
- Level 4-Stroke Development

REGISTRATION

PROCEDURE

Number draw service will determine the registration order. Draw a number at the front entry door at 10:00 a.m. then register yourself & your child. No need to line up early.

YOUTH TEAMS & PROGRAMS

Swim Team

Dive Team

Water Polo

Synchronized Swimming

Please call the park to get exact dates and times.



Youth and Adult Swim Lessons

Registration Fee

\$20 for 10 lessons

<u>Session</u>	<u>REGISTRATION DATES</u>	<u>DATES OF SESSION</u>
1	Saturday June 26	June 28—July 9
2	Saturday July 10	July 12—July 23
3	Saturday July 24	July 26—August 6
4	Saturday August 7	Aug. 9—Aug. 20

Lessons are held Monday through Friday

9:30-10:15am

10:20-11:05am

11:10-11:55am

Swim lesson programs give the opportunity for all age groups to learn and develop swimming skills. Our well-trained lifeguards follow a teaching curriculum adopted from the American Red Cross Water Safety Instructors Course.

Registration Starts @ 10 AM

No need to stand in line early. A line will not determine registration order

FREE PUBLIC RECREATIONAL SWIM

- Monday through Friday
12:30-5:00pm
- Saturday & Sunday
12:30-5:00pm

Recreational Swim

For all members of the community. Come enjoy a cool refreshing swim. Fun times are guaranteed with the help of the diving boards, friends and family.

Proper swim attire must be worn. Swim diapers are required for all swimmers under the age of three. All children 6 years old and under need to be accompanied by an adult (18 years of age or older).